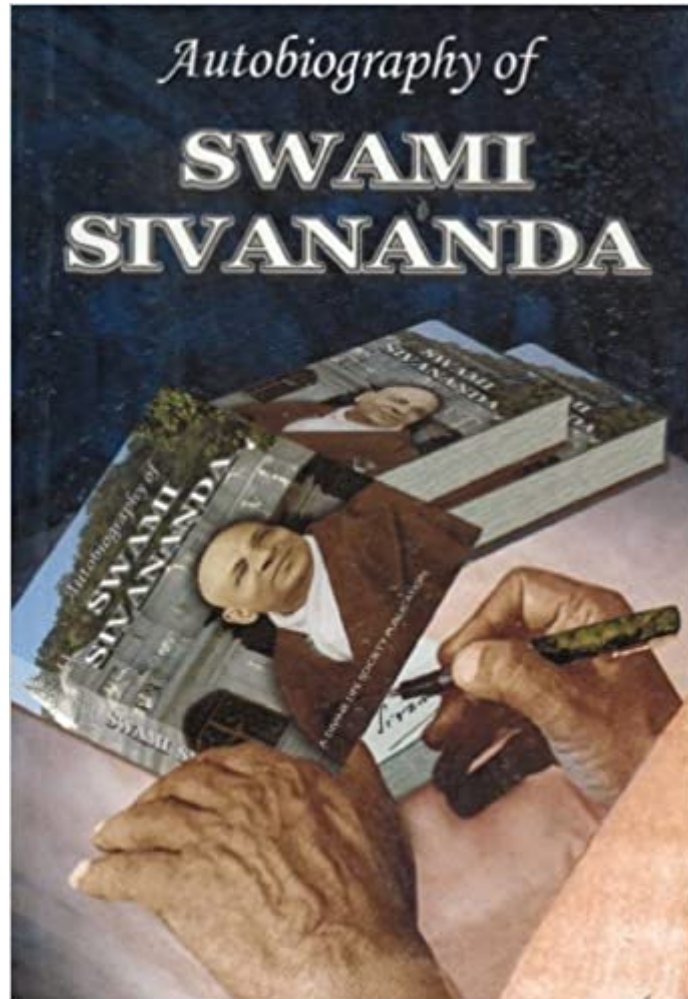




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# Autobiography Of Swami Sivananda



## Book Information

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I was surprised as it is not what one would expect of an autobiography, especially when one has read others such as autobiography of a Yogi by PY. Instead of centering around his life Swami Sivananda has made it a valuable spiritual book one can open anytime to find the right encouragement or help along the way. It is unexpected, but not disappointing. Thank you!

I found this little book to be rich with wisdom, inspiration, lucid with expression that if truly absorbed, has the ability to strengthen one's conviction to change in ways that truly count, for the better. If I could give 10 stars, I would, in fact, I do!

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